

Case Study Form

Title of Study: The Effect of Body weight on Peak Expiratory Flow Rate (PEFR) in adolescent school Children from a rural area in South India.

Serial No.	Name of Child		Study no.		Date of entry.
Village.		Taluk		District	
Age	Date of Birth	Class of study		Gender: Male / Female	
Father	Education			Current occupation	
Mother	Education			Current occupation	
Lifestyle	Vegetarian	/ Sweet drinks		Fast food	
Diet	Nonvegetarian	Daily / 2-3/week / 2-3/month		Daily / 2-3/week / 2-3/month	
Exercise	Outdoor play < 1 hour	Outdoor play 1 – 2 hours		➤ 3 hours	
TV viewing	Less than 1 hour/day	1 – 2 hours / day		➤ 3 hours / day	
History of any respiratory illness	Asthma	Frequent URI			
History of asthma?	Yes / No	If Yes? Tablets / Inhaler		Did the child ever need nebulization? Yes / No	
Anthropometry	Height	Weight	BMI		
Clinical Evaluation	Waist circumference		Waist-to-height ratio		
	Pallor	Clubbing	Cervical nodes	Icterus	
	Fever	Cough	Wheezing	Sneezing	Red eyes
	Respiratory rate			Nasal discharge	
	Ear exam				
	Palpation				
	Percussion				
	Auscultation				
PEFR	1. Practice reading	2. First reading	3. Second reading	4. Third reading	
Significant findings					
Signature of Investigator				Date	